

What is claimed is:

1. A reversible item, comprising:  
a main piece,  
an extension piece coupled to the main piece by a seam with an opening between the main piece and the extension piece, and  
a reversible pocket coupled to the seam, wherein when the item is reversed, the reversible pocket is pulled through the opening in the seam.
2. The item of claim 1, wherein the main piece has a lip at the opening.
3. The item of claim 1, wherein the reversible pocket has a pouch that is turned inside out when the item is reversed so that the pouch is accessible from the outside of the item.
4. The item of claim 1, wherein the reversible pocket pouch has an enclosed seam.
5. The item of claim 1, further comprising a welt coupled to the seam for serving as a cover for the opening.
6. The item of claim 1, further comprising a mirror extension piece also coupled to the seam, for enclosing the seam.
7. A reversible garment, comprising:  
a main piece,  
an extension piece coupled to the main piece by a seam with an opening between the main piece and the extension piece, and  
a reversible pocket coupled to the seam, wherein when the garment is reversed, the reversible pocket is pulled through the opening in the seam.

8. A reversible pocket, comprising:
- a short pocket having a perimeter with a curved portion and a straight portion,
- a long pocket having a perimeter with a curved portion, a straight portion and extensions along the curved portion that form vertices with the straight portion, the straight portion for coupling to an item having the reversible pocket, and
- an enclosed seam coupling the curved portions of the short pocket and the long pocket to form a reversible pocket pouch.
9. The reversible pocket of claim 8, further comprising a band coupled to the straight portion of the short pocket for enclosing the edge of the straight portion of the short pocket.